

2010 Fitness Challenge Enrollment Options

**This year there will be two
enrollment options:**

\$29 Enrollment includes:

- Water bottle
- Passport
- Body Fat and Blood Pressure testing

(All of the above things received before, or on the first day that the challenge begins, March 30th, or the first time you come in.)

- Entered into drawings
- Snazzy T-Shirt

\$150 Enrollment includes all things mentioned above

AS WELL AS:

**6 GROUP TRAINING SESSIONS WITH
YOUR OWN PERSONAL TRAINER!**

A \$60 Value!

- Keep motivated and on track while learning fun new exercises at a great savings to you.
- During training sessions participants will earn double time/distance/reps for extra motivation.
- Must have at least 3 ppl for group to be established. Members are welcome to create these groups themselves or we can put people into groups.
- All session times will be determined before challenge begins. If a session is missed, there will be no make-ups unless due to natural causes or trainer fault.
- This deal is valid only in conjunction with the F.C.